

Guidelines for Staying Safe During Pedal Poll 2021

*****First and foremost, volunteers must follow their local public health guidelines.*****

The Pedal Poll Team recommends:

When you are at a site with more than one person, please practice safe counting by:

- greeting people with a wave instead of a handshake.
- keeping at least 1 bike length (approximately 2 metres) from others.
- wearing a mask when you are unable to keep 2 metres apart during counting.
- sanitizing your hands.

Your risk of becoming infected or spreading COVID-19 is lower when:

- you count alone or with people in your immediate household or social bubble.
- you are outdoors.
- you follow the personal preventive practices described above.

If these guidelines differ from those provided by the public health leaders in your province, please follow local guidelines.

Source: A government of Canada document, accessed on March 29, 2021 at [Going out safely during COVID-19 - Canada.ca](#).